

Hello. Thank you for taking part in the project. You could skip anyone below during Skype/zoom/facetime or on emails if there is any question you may not wish to answer (see other attached documents please):

What kinds of things had the dance teachers/the RSCDS told you about Scottish country dancing before you taught/learned SCD?

Please tell me about your experience before being a Scottish Country Dance musician/teacher/board member etc of the RSCDS (if appropriate) e.g. when and where you started SCD:

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If no, please **skip**:

**Did you and do you play any instruments for Scottish dancing?** \_\_\_\_\_ **If so, please specify** \_\_\_\_\_

**Did you teach someone else Scottish country dance?** \_\_\_\_\_

Were the participants very dynamic in the groups you were belonging to if you were in any other SCD groups?

Except for the Norther Virginia RSCDS, if you are a member of another Scottish Country Dance groups, which dance society or school do you belong to? \_\_\_\_\_ For how long?

\_\_\_\_\_

**Do you do other types of dance e.g. Morris or international or that type of thing?**

\_\_\_\_\_

**Did you know anyone else in your group or school before you joined such as friends or your partner in the dance group or school?** Yes No **If so, did you continue because of them?** \_\_\_\_\_

**Did you and do you take part in performances, competitions or gatherings of dance groups?**

Yes No **If so, please specify where?** Weddings Gatherings Competitions Festivals  
Other \_\_\_\_\_

In which ways did you manage to be engaged in Scottish country dancing during the lockdown in 2020? Some experiences of dancing or management etc in the RSCDS you'd like to share during the lockdown/before/after?

How often you read SCD books and/or watch SCD videos because of your work or your interests?

Would it be possible if you could tell me some more details about any period you were doing SCD e.g. things you liked or didn't like?

How often do you take part in Scottish country dance? Do you play any music?

If you do SCD, you could describe the movements e.g. how your body feel before, during and after (the lockdown and the single online class), any warm-ups / stretching routines you do, anything hurts, and is there a specific diet you eat before or after, how is it dancing to recorded music / to live music?

Do you think if we may still have online dance classes/'Dance Scottish at Home' etc for a few more months?

Would you consider SCD as a notion of 'coming together' and its relationship to Scottish/British diasporas?