

**21<sup>ST</sup> ANNUAL FREDERICK AUGUST WORKSHOP**  
**Evening Dance Program**  
**Saturday August 12, 2017**  
**Walkersville Town Hall, Walkersville, MD**

**A WEE NOTHIN'** 32 Bar Jig for 2 Couples  
Brunken, Moments in Time  
1- 8 1<sup>st</sup> & 2<sup>nd</sup> C right hands across & left hands back  
9-14 1<sup>st</sup> & 2<sup>nd</sup> Ladies dance across the top & behind the men's line, 1<sup>st</sup> Lady to below 2<sup>nd</sup> Man, and 2<sup>nd</sup> Lady to below 1<sup>st</sup> Man. The ladies cross to their own sides in progressed places.  
15-16 1<sup>st</sup> & 2<sup>nd</sup> Ladies join near hands & set (Men do not set back)  
17-22 1<sup>st</sup> & 2<sup>nd</sup> Men repeat, 1<sup>st</sup> Man going below 2<sup>nd</sup> Lady's position and 2<sup>nd</sup> Man to below 1<sup>st</sup> Lady's position, finishing in progressed places  
23-24 1<sup>st</sup> & 2<sup>nd</sup> Men join near hands & set (Ladies do not set back)  
25-32 2<sup>nd</sup> & 1<sup>st</sup> C rights and lefts

**SHIFTIN' BOBBINS** 32 Bar Reel for 3 Couples  
Clowes, Ormskirk Dances  
1- 2 1st C cross giving right hands moving down the set to finish back to back facing 2nd C on the wrong sides. 2nd C step up  
3- 4 Giving hands as in double triangles, 1st, 2nd, & 3rd C set  
5- 8 1st C dance out on the wrong side & cast up, give nearer hands & dance down  
9-12 1st Lady dance right hands across with 2nd & 3rd men while 1st Man dance left hands across once round  
13-16 1st C meet, and giving nearer hands, dance down the center followed by 2nd & 3rd C  
17-24 All turn about & 3rd C lead back, casting off so that all dance hands across once round with opposite hand.  
25-28 1st C, nearer hands joined, dance up & cast off to 2nd place on wrong sides  
29-32 1st C dance half figure of eight round 2nd C to finish in 2nd place on own sides

**BALQUIDDER STRATHSPEY** RSCDS 24  
32 Bar Strathspey 3 Couples  
1-16 1st C dance reels of 3 on opposite sides, then reels of 3 on their own sides  
17-20 Joining nearer hands, 1st C dance down for 2 bars, face each other and set  
21-24 1st C dance up and cast off to face 1st corners. 2nd C step up on bars 23-24  
25-32 1st C turn 1st corners with right hands, partner in the middle with left hand,  
2nd corner with right hands, and, giving left hand to partner, cross to 2nd place on their own sides

**THE COUNTESS OF DUNMORE'S REEL**  
32 Bar Reel for 3 Couples Bark, RSCDS 49  
1- 8 1st C set, dance down below 3rd C, cast up to 2nd place and set advancing to face 1st corners, 2nd C stepping up on bars 3-4  
9-16 1st C turn 1st corners right hands, pass right shoulder, turn 2nd corners right hands, pass right shoulder to 2nd place own side facing out (corners dance

4 bars)  
17-24 1st, 2nd, & 3rd C dance Chain  
Progression:  
17-18 1st Man casts up, 1st Lady casts down as 2nd & 3rd C turn  $\frac{3}{4}$  right hands into line up & down set  
19-22 1st Man & 2nd Lady and 1st Lady & 3rd Man, in promenade hold dance clockwise to opposite end of line as 2nd Man & 3rd Lady (in middle) turn  $1\frac{1}{2}$  times left hands  
23-24 1st C dance clockwise to 2nd place on own side as 3rd & 2nd C turn partners  $\frac{3}{4}$  round with right hands to own sides. All face clockwise in order 3,1,2  
25-32 1st, 2nd, & 3rd dance clockwise  $\frac{1}{2}$  way round set to opposite sides. All set, cross RH to own sides.

**BALMORAL STRATHSPEY** RSCDS 22  
32 Bar Strathspey for 4 Couples  
1- 8 1st & 2nd C, 3rd & 4th C dance right hands across & back  
9-12 1st & 2nd C, 3rd & 4th C set & dance right hands across halfway  
13-16 All set, and giving right hands to partners, cross to own sides (Order is 2, 1, 4, 3)  
17-24 Reels of 4 on the sides  
25-32 1st, 4th, & 3rd C allemande (Order is 2, 3, 4, 1)

**BLUE BONNETS** 32 Bar Jig for 2 Couples  
RSCDS 3  
1- 4 1st Lady & 2nd Man advance & retire  
5- 8 1st Lady & 2nd Man dance back to back  
9-12 2nd Lady & 1st Man advance & retire  
13-16 2nd Lady & 1st Man dance back to back  
17-24 1st C dance down the middle & up  
25-32 1st & 2nd C poussette

**THE PIPER AND THE PENGUIN**  
88 Bar Reel for 4 Couples Square Set  
Goldring, Scotia Suite  
1- 4 Ladies dance round their corners, passing in front of them to begin  
5- 8 Ladies dance right hands across and remain in the center  
9-12 Ladies dance round their partners, passing in front of them to begin  
13-16 Ladies dance left hands across and finish in original places  
17-32 Men repeat Bars 1-16, but dance in front of their partners before dancing right hands across, and in front of their corners before dancing left hands across  
33-36 1st & 3rd C turn partners right hands  $1\frac{1}{4}$  times  
37-40 1st Man, followed by his partner, dances between 4th C & casts back to place. Similarly, 3rd C dance between 2nd C & cast back to place  
41-48 1st & 3rd C dance rights and lefts  
49-64 2nd & 4th C repeat Bars 33-48, 2nd C dancing between 1st C and 4th C between 3rd C  
65-72 Ladies dance in and pull back right shoulders (2 bars), dance out (2 bars), and cast clockwise half way round the set to opposite lady's place

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73-80 Men repeat bars 65-72, but pull back left shoulders at the end of Bar 74 and cast counterclockwise  
81-84 All turn partners with right hands, just over once round, to finish in promenade hold facing counterclockwise  
85-88 All promenade halfway round the set. On Bar 87, all release right hands and men lead their partners to original places ready for the bow and curtsy

**Intermission**

**THE APPALACHIAN WALTZ**

32 Bar Pas de Waltz for 3 Couples

Dale, Leaflet

1- 8 1<sup>st</sup> C lead down the middle & up, finishing facing 1<sup>st</sup> corners. 2<sup>nd</sup> C step up on bars 7-8  
9-16 Reel of 4 with 1<sup>st</sup> corners; 1<sup>st</sup> C passing left shoulders at the end to face 2<sup>nd</sup> corners  
17-24 Reel of 4 with 2<sup>nd</sup> corners. At the end of the reel, 1<sup>st</sup> C turn with right hands into promenade hold facing 2<sup>nd</sup> Lady  
25-32 1<sup>st</sup> C dance a reel of 3 across the set with 2<sup>nd</sup> C, passing 2<sup>nd</sup> Lady right shoulders to begin. 1<sup>st</sup> C finish in 2<sup>nd</sup> place on own sides

**TRIBUTE TO THE BORDERS**

32 Bar Jig for 3 Couples RSCDS Leaflets

1- 8 1<sup>st</sup> C cross right hands and cast off 1 place, turn right hands 1½ times to end in promenade hold facing 2<sup>nd</sup> Man. 2<sup>nd</sup> C step up on bars 3-4  
9-16 1<sup>st</sup> C dance half right shoulder reel of 3 on Man's side, cross to face 3<sup>rd</sup> Lady, and dance half right shoulder reel of 3 on Ladies' side. 1<sup>st</sup> C end facing 3<sup>rd</sup> Lady, who is in top place  
17-24 1<sup>st</sup> C set to 3<sup>rd</sup> Lady, turn to set to 2<sup>nd</sup> Lady, turn to set to 2<sup>nd</sup> Man, turn to set to 3<sup>rd</sup> Man, while 2<sup>nd</sup> & 3<sup>rd</sup> C set advancing on bars 23-24. All finish in promenade hold facing up  
25-32 3<sup>rd</sup>, 1<sup>st</sup>, & 2<sup>nd</sup> C allemande

**THE WHITE COCKADE** 32 Bar Reel for 3 Couples

RSCDS 5

1- 4 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> C set & cross giving right hands  
5- 8 1<sup>st</sup>, 2<sup>nd</sup>, & 3<sup>rd</sup> C set & cross back to place  
9-16 1<sup>st</sup> C lead down the middle & up  
17-20 1<sup>st</sup> C cast off one place, 2<sup>nd</sup> C stepping up on bars 19-20  
21-24 1<sup>st</sup> C dance 4 hands round with 3<sup>rd</sup> C  
25-32 1<sup>st</sup> & 2<sup>nd</sup> C dance rights & lefts

**THE SWAN AND THE TAY**

32 Bar Strathspey for a 3 Couple Set Perth 800

1- 8 1<sup>st</sup> C dance figures of 8 on own sides, dancing in and down to begin and joining hands where possible  
9-16 1<sup>st</sup> C dance reels of 3 on opposite sides, crossing down to begin, and all giving hands to partners where possible, 1<sup>st</sup> C finish facing 1<sup>st</sup> corners & 2<sup>nd</sup> C finish in top place on own sides.  
17-24 1<sup>st</sup> C corners pass & turn, finishing in 2<sup>nd</sup> place

on own sides

25-28 All set & cross giving right hands, finishing facing clockwise

29-32 All dance halfway round to own sides, finishing in order 3, 1, 2.

**MRS. MACLEOD**

32 Bar Reel for 3 Couples

RSCDS 6

1- 8 1<sup>st</sup> & 2<sup>nd</sup> C dance right hands across and back  
9-16 1<sup>st</sup> C lead down the middle and up, finish facing 1<sup>st</sup> corners, 2<sup>nd</sup> C stepping up on Bars 11-12  
17-24 1<sup>st</sup> & 2<sup>nd</sup> C set to and turn corners  
25-30 1<sup>st</sup> C dance reels of 3 on the sides with corners, giving left shoulder to 1<sup>st</sup> corner to begin  
31-32 1<sup>st</sup> C cross giving right hands to own sides in 2<sup>nd</sup> place

**EXTRA:**

**CLUMSY LOVER**

32 Bar Reel for 3 Couples

Richardson, Leaflet

1- 4 1<sup>st</sup> Man with 2<sup>nd</sup> Man, 1<sup>st</sup> Lady with 2<sup>nd</sup> Lady, set & link  
5- 8 2<sup>nd</sup> Man with 1<sup>st</sup> Man, 1<sup>st</sup> Lady with 3<sup>rd</sup> Lady, set & link  
9-16 Rights and lefts for 3 couples  
17-20 1<sup>st</sup> C set to partner, the set advancing diagonally to the left to finish facing person in partner's 2<sup>nd</sup> corner position  
21-24 Half reel of 4 on 2<sup>nd</sup> corner diagonal. 1<sup>st</sup> C pass right shoulder at the end of the half reel to face out opposite sides  
25-28 1<sup>st</sup> C dance out the sides, cast to the right, and 1<sup>st</sup> Man dance up between 3<sup>rd</sup> C while 1<sup>st</sup> Lady dance down between 2<sup>nd</sup> C. 2<sup>nd</sup> & 3<sup>rd</sup> C face up & down the dance, set, & change places on the sides giving right hands  
29-32 1<sup>st</sup> C turn right hands 1 ¼ times to finish in 2<sup>nd</sup> place on own sides