

Introduction to Scottish Country Dance



# Dance Scottish



No partner needed • Great music • Fun and social

**Wednesdays, Sept. 6 - Oct. 25, 7:30 - 9:30 p.m., 1605 Cameron St., Alexandria, VA**

This eight-week beginner's course will ease you into the elegant and lively form of Scottish country dance. Perfect for people with no or limited experience in dance, get ready to enjoy toe-tapping music, good company and great fun. Whether you want to set the dance floor on fire or just find a fun way to keep fit, Scottish country dance is a great and accessible activity for all ages.

Scottish country dancing, the social dancing of Scotland, has been enjoyed in the barns, ballrooms and village halls of Scotland for at least 250 years. You don't need a partner, since it's common practice to dance with different partners during a night of dancing, and you don't need to have Scottish heritage, either! By the end of course, new dancers will be familiar with the basic Scottish country dance steps and formations.

For class, it's best to wear soft-soled sneakers, jazz or ballet shoes; loaner dance shoes, or ghillies, are also available. Parking is free and the Durant Center is located two blocks from the King Street Metro station in Alexandria, Va.

**Cost: \$60 • Register at [www.rscds-greaterdc.org](http://www.rscds-greaterdc.org)**

