

You know the RSCDS motto,
“Dance Scottish”.... Now, welcome to...



Walk Scottish!

Saturday, October 5, 2-4 pm

Music by

Liz Donaldson and Becky Ross

The Woman's Club of Arlington

700 S. Buchanan St., Arlington VA

Walk gently or dance all-out at this low-impact party! *Walking to music is still dancing.* Knees or feet bothering you? Don't want to do a lot of pas de basque? Not dancing regularly because it's just too much? Or do you just want to have fun with some stress-free dancing? Come enjoy some old favorite dances and chat with the group! Think of it as a reunion...

\$20

Program:

A Wee Nothin'	8x32J2	Moments in Time
Monymusk	8x32S3	Book 11
Shiftin' Bobbins	8x32R3	RSCDS 30 popular, Vol 2
Fair Jenny's Jig	8x32J3	Redwood Col.
Donald Bane	8x32S3	Book 17
Davy Nick Nack	8x32R3	Glasgow Assembly
The Wild Geese	8x32J3	Book 24
Flowers of Edinburgh	8x32R3	Book 1
Seann Triubhas Willichan	6x32S2	Book 27
Espie McNabb	8x32J3	MMM
The Minister on the Loch	3x32S3	RSCDS 30 popular, Vol 2
The Deil amang the Tailors	8x32R3	Book 14

Cribs and video links are at <https://my.strathspey.org/dd/list/51526/>

**Our cheatsheet gives some optional adjustments for walking the dances.
Contributions for refreshments afterward will be welcome!**