

Give your feet and your spirits a lift... with **BEGINNERS' BOOST 2!**

Who: YOU...especially newer dancers.

When: Sunday, April 28, 1-3 p.m.

Where: Daniel Gym, St. Stephens/
St. Agnes Lower School,
400 Fontaine Street, Alexandria,
VA, 22304-same location as Argyle Weekend
and as last Beginners' Boost in February.



Link to directions:

<http://www.argyle-weekend.org/directions.html>

What: Step practice and figures such as:

- casting
- turning
- hands across
- allemande
- promenade
- rights and lefts
- poussette
- down the middle and up
- circles
- reels of three.

We'll solidify what you've learned this year so you'll be ready for a fun summer of social dancing.

Fee: \$10.



For more information, please contact Maria Ward (maria.ward@gmail.com) or Eva Lanyi (elanyi@cox.net). See you there!

